

Primary School

23rd November 2023

Dear Parents,

We are delighted that we have the opportunity to continue our work as a Mental Health Trailblazer School and continue to work closely with the RISE Mental Health in Schools Team (MHST) in promoting positive mental health.

In order to inform which workshops would be best suited to meet the needs of students, staff and parents, as well as other whole school approach activities across the school, the children in Year 5 will be asked to complete a Resilience Survey in school. Our RISE practitioner, Kirsty Lister, will be in class during the afternoon of Thursday 30th November to speak with the children to gain their views and ideas.

Please find attached a letter from the RISE team which explains their work. If you have any questions or queries, please do not hesitate to ask.

Kind regards,

Michelle Crowe