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CREATIVE & INNOVATIVE OPPORTUNITIES FOR ALL

ILEAP has teamed up with the Riding for Disabled HQ at Lowlands Farm for an after-school club to build your confidence around our equine friends and learn to ride.

Half of the hour session will be focused on learning to ride RDA's specially trained horses, following an initial assessment on the mechanical horse. The other half will help to build confidence by following an RDA approved enrichment programme; empowering members with knowledge about how to care for horses, how to look after them and groundwork.

There are only 6 spaces available so book now to avoid disappointment!

Research has suggested that spending time with animals in an outdoor environment is beneficial to mental health and wellbeing.



ILEAP AND RDA LEARN2RIDE; AGES 8 YRS+

TUESDAYS,
4.15PM - 5.15PM
18TH JULY - 22ND AUGUST
AND
5TH SEPTEMBER - 31ST
OCTOBER 2023

RDA NATIONAL TRAINING
CENTRE
LOWLANDS FARM
OLD WARWICK ROAD
SHREWLEY
CV35 7AX

£15.00 PER SESSION

PARENTS ARE REQUESTED TO
PLEASE STAY ON SITE,
PLENTY OF SEATS AND
FREE PARKING.
BRING A COFFEE AND HAVE A
CHAT!

WWW.ILEAP.CO.UK
EMAIL: SPARKLE@ILEAP.CO.UK

IF YOU WOULD LIKE TO
PARTICIPATE IN THIS SESSION,
PLEASE REGISTER WITH ILEAP
AND BOOK ONTO THE SESSIONS
VIA OUR EASY TO USE WEBSITE.
WWW.ILEAP.CO.UK