



My Trusted Adults



The internet is super fun, but it is very important to stay safe. If you see something online that makes you feel upset or worried follow these steps:

STOP

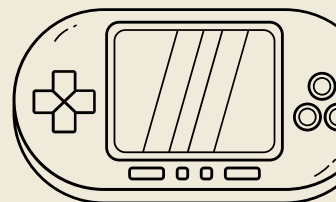
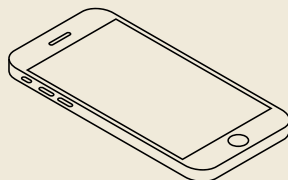
Stop what you're doing. Don't click anything or reply to messages.

SWITCH OFF

Turn off the screen, close the website, or put the device down.

SPEAK

Tell a trusted adult.



Name:

