

**Monday**



**Beef Bolognese (G.D)**

or



**(vg) Garden Vegetable Fingers (G)**

or

**Jacket Potatoes Every Day**



**(v) Cheese/Beans D.**

or

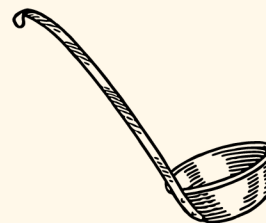


**(v) Cheese D.**

or



**Tuna Mayonnaise F.E.**



**Tuesday**



**(vg) Plant Power Hotdog (G)**

or



**(v) Sweet Potato & Lentil Curry (D)**

**Wednesday**



**Roast Chicken Fillet (G)**

or



**(VG) Vegan 'Meat' Loaf**

**Thursday**



**Pork Meatballs in Tomato Sauce (G)**

or



**(v) Pastry Crown (G.E.D)**

**Friday**



**Fish Fillet Fingers F.G**

or



**(v) Rustic Pizza (G.D.SB)**

**Week 3 Dessert Menu**

**Monday**  
**(v)(h) Zesty Orange Cookie (G)**

**Tuesday**  
**(v)(h) Vanilla Cookie with Fruit Slice (G)**

**Wednesday**  
**(v)(h) Syrup Sponge with Custard (D.G.E.)**  
**(v) Frozen Swirl Mousse (D)**

**Thursday**  
**(v)(h) Winter Berry Muffin (D.G.E)**  
**(VG) Jelly with Fruit**

**Friday**  
**(v)(h) 'School Favourite' Sprinkles Sponge Cake (G.E.)**

**All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.**

**Accompaniments may vary to those shown.**

**PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink**

**Allergen Key**

**VG-Vegan., V-Vegetarian., H-Homemade, G-Gluten/Wheat, C-Celery, S-Sesame, F-Fish, M-Mustard, SU-Sulphites, D-Dairy, E-Eggs, SB-Soyabean.**

