

## Monday



**Pork Meatball Pasta Bake G.D**

or



**(v) Vegetable Enchilada G.D**

or



**(v) Cheese/Beans D.**

Jacket Potatoes Every Day

or



**(v) Cheese D.**

or



**Tuna Mayonnaise F.E.**

## Tuesday



**Chicken Curry with Rice G**

or



**(v) Plant Power Sausages**

## Wednesday



**Roast Beef in Gravy, York Pud D.E.G**

or



**(vg) Quorn Roast G.  
(v) Yorkshire Pudding D.E.G**

## Thursday



**(vg) Quorn Dippers in a Wrap G**

or



**(v) Cheese & Potato Pasty D.E.G**

## Friday



**Battered Fish Fillet F.**

or



**(v) Cheese & Tomato Pizza Wedge G.D**



## Week 1 Dessert Menu

### Monday

(v)Homemade 'School Favourite' Sprinkles  
Sponge Cake (G.E.)

### Tuesday

(v) Homemade Chocolate Cracknel (G)

### Wednesday

(v) Homemade Raspberry & Apple Sponge  
with  
Custard (D.G.E.)

### Thursday

(vg) Homemade Melting Moment Biscuit  
(G.SU)

### Friday

(vg) Jelly with Fruit

### Every day we offer:

(v) Yoghurt, (D.SB) or  
Fresh fruit as alternative dessert options

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

**Accompaniments may vary to those shown.**

**PLEASE NOTE** some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

### Key

vg = vegan

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/Wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites



### Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.