



Ettington Church of England
Primary School

Year 1 'Growing and Changing' Relationships and Sex Education Unit

Promoting the health and well-being of our pupils is an important part of children's overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics including physical and emotional health, all kinds of relationships, and living in the wider world.

In the next few weeks, our school will be focusing on part of our SCARF PSHE scheme to deliver some of the relationships and sex education (RSE) aspect of our PSHE programme to Year 1 children. It became a legal requirement in September 2020 for relationships and sex education to be taught across the school, in an age and developmentally appropriate way. The design of the programme has considered the requirements of the statutory guidance, up-to-date best practice guidance, and the needs of our children.

Your Year 1 child will be exploring themes including *'Keeping Privates Private'* and *'Inside my Wonderful Body'*. During these lessons, correct vocabulary will be taught and shared with your child. This includes the scientific vocabulary of penis, vulva and vagina. These scientific names are used across all years, so that children are able to express themselves clearly when talking about these body parts.

We recognise that parents and carers play a vital part in their child's RSE, and we encourage you to use this vocabulary with your child at home as well.

If after reading this letter you have any questions about the programme, please do not hesitate to contact your child's class teacher for further clarification. Alternatively, please see the school website for further information.

Kind regards

Michelle Crowe
Headteacher