



What might it mean to live well?
Christian Worldviews, Hindu Worldviews, Sikh Worldviews, Buddhist Worldviews, Muslim Worldviews

Questions:
What does it mean for a worldview to be embodied?
What might it mean to 'live well'?
What might it mean to live well if you are following Sanatan Dharma?
What might it mean to live well if you have a Sikh worldview?
How might the Middle Way help Buddhists to live well?
Why is prayer so important in religious worldviews?

Key Vocabulary:
Dharma: The nature of reality and the right way of living.
Karma: The sum of a person's actions in this and previous states of existence, viewed as deciding their fate in the future.
Puja: An act of worship.

Living Well



Philosophy



Human and Social Science



Knowledge Building Blocks:

- People can show their worldview through rituals
- People from various worldviews base their decisions on the Golden Rule and this can be lived out in different ways
- In Dharmic traditions, dharma means the righteous path to help some escape the cycle of moksha
- In Sikhi traditions, gurus are inspirational teachers that show the right way, including Guru Nanak and Guru Granth Sahib (the living Guru)
- In Muslim worldviews, Prophet Muhammad is an inspirational person and through Sunnah and Hadith Muslims can learn how to live a good life.
- Non-religious people can still pray.