



Year 5 Autumn 1



Sikhi

Sikh Worldviews

Knowledge Building Blocks:

- Sikhs usually believe in one supreme being (Waheguru, meaning Wonderful Lord) who creates and sustains everything. That one supreme being is inside them, is everywhere and they can be connected to it.
- In Sikh traditions, gurus are inspirational teachers that show the right way. Guru Nanak Ji is the founder of Sikhi and he is an inspirational figure for many with Sikh worldviews.
- The Guru Granth Sahib is the holy book of Sikhi. It is known as the 'living guru' as the 10th Guru names the holy book as his successor.
- Sewa is usually an important concept for those with Sikh worldviews. It means 'service'. It is often expressed through the langar meal— a daily meal often served in the gurdwara (Sikh place of worship) for anyone to enjoy.
- The Gurdwara is a place of worship where those with Sikh worldviews and values will often gather for worship, the langar and social reasons.
- Not all Sikhs are Khalsa affiliated and wear the 5ks. There are three kinds of Sikhs: Sahajdhari, Keshdhari and Khalsa Sikhs.
- Sikhi is an organised worldview with a good example of shared values with its teachings on equality based on its founder Guru Nanak and the focus on the langar.

Key Vocabulary:

Gurdwara: Place where Sikhs worship God, a Sikh temple.

Guru Granth Sahib: Sikh holy book

Khalsa: A body of Sikhs which involves steps of commitment and is often shown in wearing the 5Ks.

