



# Year 4 Autumn 1



## How might your worldview lead you to do hard things for good reasons? Christian Worldviews, Muslim Worldviews, Jewish Worldviews

- Questions:
- What might be some reasons people choose to do hard things in life?
  - What is the spiritual significance of fasting in Muslim worldviews?
  - Why is fasting important in Christian worldviews?
  - How do Christian, Jewish and Muslim Worldviews include charity work?
  - Why do some people make hard journeys for spiritual reasons?

Personal Responsibility



Philosophy



Human and Social Sciences



- Knowledge Building Blocks:
- Sacrifice and making hard choices are important parts of many worldviews.
  - The Five Pillars are of spiritual significance to those with Muslim worldviews. The pillars are faith, prayer, charity, fasting and making the pilgrimage to the holy city of Makkah.
  - Sawm (fasting) is especially important for those with Muslim worldviews during Ramadan.
  - Many people with Christian worldviews fast during Lent by giving something up.
  - Many people with religious and non-religious worldviews engage in charity work, for example, Tzedakah is a Jewish belief in doing things to help others.
  - Pilgrimage can be an important part of religious worldviews. For example, Christians visit Canterbury and Muslims make the hajj to Mecca.

### Key Vocabulary:

**Fasting:** To go willingly without food and/or drink for a period of time. It is known as Sawm in Islam and many Muslims fast during Ramadan.

**Pilgrimage:** A sacred journey undertaken for spiritual purposes.

**Sacred:** Something that is special and important and relates to religion.