

Ettington Church of England Primary School

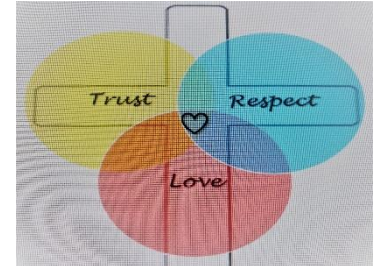
Newsletter 3 Spring Term 2024

4th March 2024

Learning for the Fullness of Life (John 10:10)

Our Christian Value for this half term is **FORGIVENESS**.

"Just as the Lord has forgiven you, so you must also forgive others." Colossians 3.13

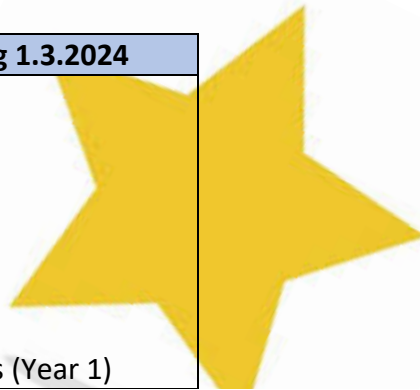


Dear parents, carers and the wider community,

What a busy start to the half term.

Stars of the Week

Week ending 1.3.2024
Reception: Pola
Year 1: Fred
Year 2: Harry C
Year 3: Jules
Year 4: Albert
Year 5: Abi
Year 6: Emily
Star writer: Lucas (Year 1)



Congratulations to our stars!

Parent Consultations

It has been lovely to see so many of you sign up for Parent Consultations. Again, this term, we are offering face to face appointments.

On this occasion you will be able to speak to your child's teacher/s about their social and academic progress in school so far this academic year, celebrate areas of strength and discuss areas to focus on moving forwards.

We aim to hold one appointment per child where both parents are welcome, and we expect parents to communicate with each other regarding these arrangements. We are unable to offer individual appointments to all separated parents but will do our utmost to accommodate separate appointments where absolutely necessary.



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INTERNET SAFETY TIP FOR KIDS!



The 2024 edition of Safer Internet Day took place on Tuesday, 6th February 2024. This special celebration, which takes place in February of each year, aims to raise awareness of a safer and better internet for all, and especially for children and young people. After promoting and celebrating Internet Safety Day across the school, the children at Ettington took their learning one step further – children in Year 6 led Collective Worship and promoted the importance of staying safe online (thanks to Lacey-Mai and Emily) and the class also created their own online safety raps.

Congratulations to our winners of the Internet Safety Competition that we ran over the half term break.

EYFS – Izzy S

KS1 - Robyn

Lower KS2 - Isla

Upper KS2 - Ben



World Book Day 2024

Changing lives through a love of books and reading

In school we will be celebrating books and our love of reading. Don't forget that your child can come to school dressed as their favourite book character for the day. We will be having a whole school assembly celebrating books and reading; your child's teacher will be planning reading for pleasure activities in class as well. On top of that, all of the children will receive their World Book Day token at the end of the day. If you take this to a book shop there will be a fantastic range of £1 and £1.50 books that you can purchase or discount off any book. As always, please continue to read **to** your child as well as listening to them read. We cannot stress enough the importance of modelling how to read well and exposing your children to rich vocabulary choices they may not be able to read independently.

Below is a link from the World Book Day site offering free audiobooks.

[World of Stories - AUDIOBOOKS](#)



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At Ettington, we are committed to promoting and supporting healthy lifestyles and choices for the children, their families and ourselves. Research undertaken by the School Food Trust has found that eating a healthy diet can have a direct impact on children's ability to learn effectively and has a positive effect on their concentration and behaviour. As a school we believe it is part of our responsibility to help children learn how to keep themselves healthy and we encourage them to eat healthily, exercise regularly and to drink plenty of water.

As part of our school curriculum offer we develop the children's understanding of how to be healthy and fit. Subjects such as Science, PE, Design and Technology and PSHE all contain elements related to leading an active healthy lifestyle.

All children from Years 1 to 6 will engage in regular PE sessions each week alongside break and lunchtime play opportunities. Children in the Foundation Stage will also have a weekly PE lesson and Forest School lesson in addition to their daily use of the outdoor learning environment. A range of extra-curricular clubs are also available to children to help them to stay active.

All children should have a balanced diet, which includes plenty of water and fruit, alongside their three main meals. Breakfast is essential and we urge all families to ensure their children have a suitable breakfast before coming to school. Throughout their day they will also need regular access to fresh drinking water to keep them hydrated and alert for learning.

Lunch is an important meal for everyone, particularly growing school-aged children. At Ettington, we want to ensure that all children enjoy their lunchtimes and have the opportunity to eat a healthy and nutritional lunch.

Children who have a packed lunch are encouraged to bring a healthy packed lunch in a named lunch box or bag. Whilst it is the parents' choice as to what they put in their children's lunch box, we do encourage a healthy mix and we do not allow children to eat sweets, chocolate bars or drink fizzy drinks as part of their lunch.

Getting ideas and inspiration for what to include in your child's lunchbox can be a difficult task. Healthy eating is simply about getting a better balance and eating a wide variety of foods. All foods provide energy and nutrients and it is achieving the correct intake of those nutrients that is important for health. Variety is the key to a healthy diet, so try not to offer the same foods on consecutive days. By including a broad range of different foods, a much wider variety of nutrients will be eaten. The 'Healthier Lunchbox Checklist' helps to explain what 'a healthy mix' means in terms of getting a good balanced meal in a lunchbox.



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Healthier Lunchbox Checklist:

Have you included...?

A good portion of starchy food: e.g. thick wholemeal bread, chapatti, pitta pocket, pasta or rice salad?

Plenty of fruit and vegetables: e.g. an apple, a satsuma, handful of cherry tomatoes or carrot sticks, mini-can of fruit chunks or small box of raisins?

A portion of milk or dairy food: e.g. individual cheese portion or pot of yogurt?

A portion of lean meat, fish or alternative: e.g. ham, chicken, beef, tuna, egg or bean/lentil salad?

A drink: e.g. fruit juice, milk or water.

Please note that we are a NUT FREE school so please do not send any nuts or products containing nuts (such as peanut butter or cereal bars with nuts) into school with your child.

Please also remember that at break times, children are invited to buy either toast or crumpet from the school kitchen or bring in a healthy snack from home. Crisps, chocolate bars and biscuits are not considered a healthy snack.

The following links contain some useful information on healthy packed lunches:

[NHS Healthy Lunch Boxes](#)

[NHS Change 4 Life](#)

If you think you may be eligible for benefits related free school meals, please apply at -

<https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>



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FoES Dates for the diary



FoES Race Night

Please support the FoES Race Night. This event has been organised in great detail and plans to be a really exciting and fun evening for all; whilst raising much needed funds for school enrichment. Bring your family and friends and support the school and the fundraising team.

FoES Race Night Friday 15th March, 7pm @ Ettington Community Centre - tickets £12 per person to include curry supper. Event age limit 18+

Please buy your tickets early to help us gauge numbers for catering purposes - buy tickets before Friday 8th March.

More details available on event facebook page: <https://facebook.com/events/s/a-night-at-the-foes-races/1755029851649127/>

Horses and jockeys will be on sale in the playground over the next two weeks - a great way for those who can't come on the night to still support the event. For £2 you can buy a horse or jockey, prizes will be awarded on the night to the winners and can be passed on to anyone not able to join us.

Parenting Together

Please see below information on the new workshop being delivered by Warwickshire Family and Relationship Support:

What is it?

This workshop recognises that parenting can be a hard role, especially in today's challenging world of a cost-of-living crisis, post pandemic with ever increasing stressors. Arguments and disagreements in parenting relationships are normal, however if it is frequent, intense and poorly resolved it may impact on the outcomes of children.

This is an introductory workshop following our stepped approach to supporting families in Warwickshire and is about helping families deal with any issues as early as possible.

Parents/carers must live in Warwickshire

Who is it for?

The Parenting Together workshop is for parents (including expectant parents) of children 0-19 (25 with SEND) living together and those living apart. It is suitable for co-parents in separate homes, single parents supported by other adult carers, extended families, and blended 'step' families. The word "parents" is used to refer to anyone in a parenting role, including foster carers, grandparents, etc.

Aims and outcomes:

This 2-hour introduction workshop aims to:

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- Support a better understanding of how interparental relationships and communication can impact on children and young people.
- Provide opportunities to explore and discuss common triggers for disagreements and conflict such as parenting styles, finances, housing and wider family members and friendships.
- Identify the difference between destructive and constructive communication and how this can impact on effective co-parenting relationships.
- Explore some strategies for managing effective co-parenting and keeping children in mind.
- Providing an opportunity for parents to share their experiences with others.
- Signposting and support available for parents and carers in Warwickshire through the Family and Relationship Support Team.

If you would like to share this with your families, please share the following link where parents can book on: <https://www.eventbrite.co.uk/o/warwickshire-parenting-support-71623337213>

Dates and locations for delivery are as follows:

25th March - Virtual Twilight Session

16th April - Wellesbourne

Safeguarding

Thank you for continuing to support the school in being nut aware. We have several children in school who have severe allergies to nuts and nut products and we remind you that any product containing nuts is not allowed in school. This ensures safety for all.

Attendance

Our whole school attendance up until February half term was 96.1%, above the primary school national average of 94.6%. Thank you so much for your continued help and support.

Parking

Thank you for your continued support with safe parking. We are now working in partnership with our local Community Police to find ways to further improve and support safe parking in the community. As always, please continue to use the Community Centre for parking when dropping off and collecting your children.

Please also ensure that your children are safe when entering and leaving school, especially on the Banbury Road, which can be very busy.

Very best wishes,

Mrs Michelle Crowe

Head Teacher

Dates for your calendar and diary



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Spring 2

Monday 4th March (Mon-Thurs)

Bike-Ability Years 5 and 6

Thursday 7th March 4.00-7.00pm

Parent Consultations
Mental Health in School Team present

Thursday 7th March

World Book Day

Monday 11th March

Y6 Racecourse Trip

Friday 15th March

FoES Race Night – Community Centre
(details to follow)

Summer Term

Monday 25th March to Friday 5th April
Easter Holidays

Monday 8th April

Children return to school

Monday 15th April 5.30pm

Full Governing Body Meeting

Monday 6th May
Bank Holiday Monday

Monday 13th May to Thursday 16th May

Y6 SATs week

Friday 24th May

Last day before half term

Monday 27th to Friday 31st May
May Half Term

Monday 3rd June to Friday 14th June

Year 4 Tables Check Window

Monday 10th to Friday 14th June

Year 1 Phonics Screen Week



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