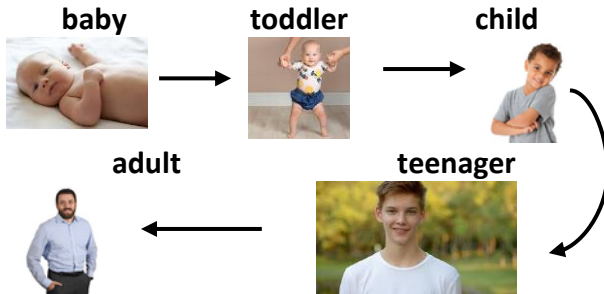
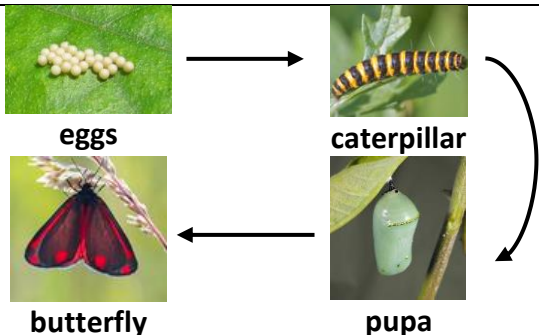


Animals including humans have offspring that grow into adults




The young of some animals don't look like their parents:

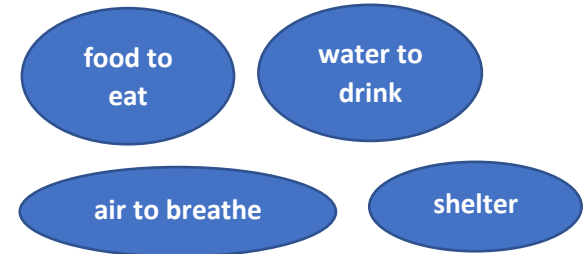


# Animals including humans – Year 2

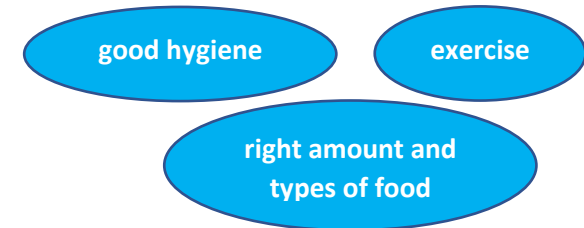
Key vocabulary	
<b>offspring</b>	A person's children or an animal's young.
<b>reproduction</b>	The process where new animals, humans or plants are made.
<b>growth</b>	The process of getting bigger.
<b>exercise</b>	This is when you move your body physically to get fit and remain healthy. Our heartbeat increases when we exercise.
<b>breathing</b>	This is what we do to get oxygen in our bodies.
<b>hygiene</b>	Keeping clean to prevent illnesses and the spread of disease.
<b>germs</b>	A very small thing that can cause diseases. We cannot see them with our eyes.
<b>disease</b>	An illness which affects people, animals or plants.

Significant scientist	
<p><b>Dr Ernest Madu</b> (born 1960)</p> 	<p>Dr Ernest Madu is a cardiologist. His work focuses on providing affordable healthcare in low-resource nations.</p>

All animals including humans have these basic needs to survive:



To grow into healthy adults, animals including humans need:



## The Eatwell plate

This shows the different food groups that make up a healthy diet.

