



**SPORT**

	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3/4</b>	<b>Year 4/5</b>	<b>Year 5/6</b>
	<ul style="list-style-type: none"><li>• Master basic movements including running, jumping, throwing and catching.</li><li>• Perform dances with simple patterns.</li><li>• Develop balance and coordination.</li></ul>	<ul style="list-style-type: none"><li>• Master basic movements eg running.</li><li>• Develop balance, agility and co-ordination and begin to apply there.</li><li>• Participate in team games.</li><li>• Swim completely and confidently.</li></ul>	<ul style="list-style-type: none"><li>• Use running, jumping, throwing and catching in isolation and combination.</li><li>• Play competitive games modified where appropriate.</li><li>• Develop flexibility, strength, technique control and balance</li></ul>	<ul style="list-style-type: none"><li>• Use running, jumping and throwing and catching in isolation and combination.</li><li>• Play competitive sport in a range of games.</li><li>• Perform dance using a range of movement.</li><li>• Develop flexibility, strength, technique and control and balance</li></ul>	<ul style="list-style-type: none"><li>• Use running, jumping, throwing and catching in isolation and combination.</li><li>• Play competitive sport in a range of games.</li><li>• Perform dance.</li><li>• Develop flexibility, strength, technique and control and balance.</li><li>• Take part in outdoor activity.</li><li>• Compare performances and demonstrate how to improve</li></ul>