

| | All About Me | My Relationships | My Body | My Thoughts, Feelings & Behaviours | My Choices & Personal Boundaries |
|---------------|-------------------------------|---|--|------------------------------------|----------------------------------|
| Reception (0) | It's Me | What makes a family? | My body belongs to me | Exploring feelings | Touch & Feel |
| One (1) | Who is important to me? | Mummy's bump | Being Naked | Empathy | Is being tickled always fun? |
| Two (2) | Do girls & boys fit in boxes? | How do we show people we care for them? | My body my rules | When Anger is About (1) | What are they rules? |
| Three (3) | How I see me? | Families | Where did I come from? | Dealing with BIG feelings | my personal boundaries |
| Four (4) | What makes you - you? | What is a 'good' friend | Puberty (1): Lumps, bumps & hairy bits | When Anger is About (2) | What does privacy mean to you |
| Five (5) | Purple, not just pink & blue | Relationship Dilemmas | Puberty (2): My private parts | How my behaviour impacts others | Good & Bad Secrets |
| Six (6) | My Past & Future | (Un)healthy relationships | Puberty (3): What I've heard about sex | Resilience & the power of YET | Consent & intimacy |